

Linda Roberts

I was born and raised in North Florida, I was married to my husband Ken for 34 years. I raised five children . We lived in Jacksonville , Florida. I worked as an Inventory controller for Sears Catalog Distribution Center until they closed. After that I went to college for a year. During that time I received two awards for The Deans List and The Presidential award. Then I went to a truck driving school and got my CDL Class A license and drove a semi with my husband for a few years, I also worked for Saint Vincent as a courier until I retired.

I've been a weekender in the Keystone Heights area for over forty years. I became a full time resident in 2010. We always brought our children and their friends here on the weekends to swim, water ski and fish.

I enjoy working out at Genesis. I go to the gym three days a week from 7:45 a.m. Until 10:30 a.m. I work out with free weights and on the weight machines. I do cardio on the treadmill or the stationary bikes. I also take a Yoga class from 9:15 to 10:15 a.m. with my daughter Regina, who is the Yoga teacher.

Genesis has a friendly and helpful staff, They have always been great about answering any questions I have about working out on the equipment or a specific exercise. Todd does a fantastic job on maintaining the gym. I have been a member at Genesis since 2012, I have met lots of nice people. They are my gym family. I go to work out to be able to stay fit and healthy. To keep doing the things I love to do. I like to paddle board , Kayak, and line dance. I also bowl on a senior league with my daughter in Gainesville . We won first place last year on our league.